

## COURSE OVERVIEW



# Distracted Driver

SCH 207



## COURSE DESCRIPTION

The Distracted Driver course is ideal for teenagers and young adults who find it challenging to manage distractions and specifically technology distractions while driving a motor vehicle. This is not a standard traffic program nor is it a traffic education program; rather, it is a cognitive awareness course that helps students develop a safety-first mindset while operating a moving vehicle. This course offers insights and awareness that increase driver responsibility.

## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase student safety and awareness while driving
- Identify and manage technology addictions
- Develop positive thinking skills associated with driving
- Develop appreciation for traffic laws and consequences

## RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum

## COURSE INFORMATION

Author and Publisher: ACCI Lifeskills

Course Format: eLearning and Printed Workbook

Item Number: SCH 207

Workbook Pages: 48

eLearning Length: 205 Slides

Course Length: 6-8 hours

Scientific Model: Cognitive Restructuring

Instructor Guide: G 605

## PURCHASE OPTIONS

- License to reprint
- Individual courses
- Parent enrollment
- Customized eLearning platform
- School referral



## COURSE CONTENT

### Unit 1: TEXTING WHILE DRIVING

Seconds can mean the difference between safety, death or serious harm.

### Unit 2: DRIVER VALUES, ATTITUDES AND BEHAVIORS

A lesson on the subconscious mind.

### Unit 3: DRIVER RESPONSIBILITY

You can't separate the person from the driver. Positive people = positive drivers.

### Unit 4: LAWS AND CONSEQUENCES

A society without laws is no society at all.

### Unit 5: DRIVING WITH SKILLS AND SENSE

15 emotional factors that contribute to driving.



## eLEARNING ACTIVITIES

Narration

Storytelling

Animation

Gamification

Animated thoughts

Self assessments

Interactive images