

## LIFESKILLS COURSE # L 509



# Commercial Driver Responsibility



## COURSE DESCRIPTION

The *Commercial Driver Responsibility* course is not a standard traffic program. Our research shows that problem drivers have other factors in their life that cause them to repeat offenses or disregard traffic laws. This is a lifeskills course that teaches cognitive and emotional skills needed by today's commercial drivers of all ages, who may need to re-examine their driving values, attitudes, and behaviors to become safer drivers.



## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Opportunity and Growth
- Self-Awareness
- Examine values, attitudes, and beliefs
- Emphasize responsibility for negative and positive choices



## RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.



## COURSE INFORMATION

Author and Publisher: ACCI Lifeskills  
 Course Format: eLearning  
 Item Number: L 509  
 eLearning Length: 399 Slides  
 Scientific Model: Cognitive Restructuring

## CRIMINOGENIC NEEDS MET

Vocational Development  
 Employment  
 Pro-Social Values, Attitudes, and Beliefs



## COURSE CONTENT

- Unit 1: Driver Values + Attitudes + Beliefs = Behavior
- Unit 2: Driver Professionalism
- Unit 3: Commercial Driving Violations
- Unit 4: Anger Avoidance
- Unit 5: Emotional Factors
- Unit 6: Driving with Safety in Mind
- Unit 7: Driving Under The Influence
- Unit 8: How To Change And Be Happy



## eLEARNING ACTIVITIES

- Narration & Story Telling
- Animated Thoughts
- Self Assessments
- Scenario Based Learning
- Focused Journaling
- Application and Skill Building



## PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- eLearning license